

Pepermans 2026: Session: 2: COACH evaluation sheet for TEAM: DDAT

Coachinfo: Warming up from: 13:00 untill 13:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Cornelis Evy HEADCOACH

Coaches: Claes Steven

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 21: 100M BUTTERFLY WOMEN 15-16			Heat:1, starttime: 14:00
Heat: 1/4 Lane : 3 Athlete: DE PRATER JUNO			Q-time: 01:26:43
PB (50m pool): 01:26.43 Antwerpen 13/07/2025			PB (25m pool): 01:25.52 SB: no time
	5 0 M	1 0 0 M	
PB	00:38.49	01:26.43	
	00:38.49	00:47.94	
			

Coach feedback:

Event number: 21: 100M BUTTERFLY WOMEN 15-16			Heat:1, starttime: 14:00
Heat: 1/4 Lane : 7 Athlete: NSUBUGA SOFIA			Q-time: 01:32:10
PB (50m pool): 01:29.94 Antwerpen 16/07/2023			PB (25m pool): 01:29.44 SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:29.94	
	no time		
			

Coach feedback:

Event number: 21: 100M BUTTERFLY WOMEN 15-16			Heat:2, starttime: 14:02
Heat: 2/4 Lane : 7 Athlete: FRANCKX MARGAUX			Q-time: 01:21:86
PB (50m pool): 01:21.86 Antwerpen 13/07/2025			PB (25m pool): 01:19.62 SB: no time
	5 0 M	1 0 0 M	
PB	00:36.39	01:21.86	
	00:36.39	00:45.47	
			

Coach feedback:

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Event number: 22: 100M BACKSTROKE MEN 15-16			Heat:1, starttime: 14:08
Heat: 1/7 Lane : 3 Athlete: VERHASSELT LARS			Q-time: 01:26:76
PB (50m pool): 01:26.76 Antwerpen 13/07/2025			PB (25m pool): 01:22.31 SB: no time
	5 0 M	1 0 0 M	
PB	00:41.80	01:26.76	
	00:41.80	00:44.96	
			

Coach feedback:

Event number: 22: 100M BACKSTROKE MEN 15-16			Heat:3, starttime: 14:12
Heat: 3/7 Lane : 7 Athlete: TRONCKOE KOBE			Q-time: 01:16:27
PB (50m pool): 01:16.27 Antwerpen 13/07/2025			PB (25m pool): 01:11.75 SB: no time
	5 0 M	1 0 0 M	
PB	00:36.94	01:16.27	
	00:36.94	00:39.33	
			

Coach feedback:

Event number: 22: 100M BACKSTROKE MEN 15-16			Heat:5, starttime: 14:16
Heat: 5/7 Lane : 5 Athlete: VANSTECHELMAN LUCAS			Q-time: 01:09:82
PB (50m pool): 01:17.83 Antwerp 28/01/2024			PB (25m pool): 01:09.82 SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:17.83	
	no time		
			

Coach feedback:

Event number: 23: 100M BACKSTROKE WOMEN 17+			Heat:3, starttime: 14:26
Heat: 3/3 Lane : 1 Athlete: CIOBANU ANASTASIA			Q-time: 01:13:88
PB (50m pool): 01:12.65 Antwerpen 21/04/2024			PB (25m pool): 01:08.56 SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:12.65	
	no time		
			

Coach feedback:

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Event number: 24: 100M BREASTSTROKE MEN 17+			Heat:2, starttime: 14:29
Heat: 2/3 Lane : 4 Athlete: VAN DE VEIRE WANNES			Q-time: 01:17:10
PB (50m pool): 01:17.10 Olympic Pool Wezenberg, Antwer 30/07/2025PB (25m pool): 01:10.33 SB: no time			
	5 0 M	1 0 0 M	
PB	00:35.12	01:17.10	
	00:35.12	00:41.98	
			

Coach feedback:

Event number: 25: 50M FREESTYLE WOMEN 15-16			Heat:2, starttime: 14:34
Heat: 2/4 Lane : 6 Athlete: DE PRATER JUNO			Q-time: 00:32:11
PB (50m pool): 00:31.99 Antwerpen 14/07/2024PB (25m pool): 00:31.46 SB: no time			
	5 0 M		
PB	00:31.99		
	00:31.99		
			

Coach feedback:

Event number: 25: 50M FREESTYLE WOMEN 15-16			Heat:3, starttime: 14:35
Heat: 3/4 Lane : 1 Athlete: FRANCKX MARGAUX			Q-time: 00:30:59
PB (50m pool): 00:30.59 Antwerpen 13/07/2025PB (25m pool): 00:30.63 SB: no time			
	5 0 M		
PB	00:30.59		
	00:30.59		
			

Coach feedback:

Event number: 25: 50M FREESTYLE WOMEN 15-16			Heat:3, starttime: 14:35
Heat: 3/4 Lane : 4 Athlete: NSUBUGA SOFIA			Q-time: 00:29:77
PB (50m pool): 00:29.77 Seraing 26/01/2025PB (25m pool): 00:29.21 SB: no time			
	5 0 M		
PB	00:29.77		
	00:29.77		
			

Coach feedback:

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Event number: 26: 50M FREESTYLE MEN 15-16			Heat:1, starttime: 14:37		
Heat: 1/3 Lane : 3 Athlete: VERHASSELT LARS			Q-time: 00:34:23		
PB (50m pool): no time			PB (25m pool): 00:34.23 SB: no time		
	5 0 M				
PB	no time				
	no time				
					

Coach feedback:

Event number: 26: 50M FREESTYLE MEN 15-16			Heat:3, starttime: 14:39		
Heat: 3/3 Lane : 3 Athlete: VANSTECHELMAN LUCAS			Q-time: 00:26:87		
PB (50m pool): 00:32.53 Sint-Jans-Molenbeek 19/02/2023			PB (25m pool): 00:26.87 SB: no time		
	5 0 M				
PB	00:32.53				
	00:32.53				
					

Coach feedback:

Event number: 27: 100M FREESTYLE WOMEN 15-16			Heat:3, starttime: 14:44		
Heat: 3/8 Lane : 1 Athlete: VANDE GHINSTE AMBER			Q-time: 01:10:82		
PB (50m pool): 01:10.82 Antwerp 02/02/2025			PB (25m pool): 01:09.27 SB: no time		
	5 0 M	1 0 0 M			
PB	00:33.92	01:10.82			
	00:33.92	00:36.90			
					

Coach feedback:

Event number: 27: 100M FREESTYLE WOMEN 15-16			Heat:5, starttime: 14:47		
Heat: 5/8 Lane : 1 Athlete: VAN DER MEEREN LOTTE			Q-time: 01:07:56		
PB (50m pool): 01:06.82 Antwerp 28/01/2024			PB (25m pool): 01:05.04 SB: no time		
	5 0 M	1 0 0 M			
PB	no time	01:06.82			
	no time				
					

Coach feedback:

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Event number: 28: 100M FREESTYLE MEN 15-16			Heat:4, starttime: 14:59
Heat: 4/8 Lane : 2 Athlete: TRONCKOE KOBE			Q-time: 01:03:30
PB (50m pool): 01:03.30 Antwerpen 13/07/2025			PB (25m pool): 00:59.91 SB: no time
	5 0 M	1 0 0 M	
PB	00:30.49	01:03.30	
	00:30.49	00:32.81	
			

Coach feedback:

Event number: 28: 100M FREESTYLE MEN 15-16			Heat:4, starttime: 14:59
Heat: 4/8 Lane : 6 Athlete: PUTTAERT ARTHUR			Q-time: 01:03:26
PB (50m pool): 01:03.26 Mol 22/06/2025			PB (25m pool): 01:00.63 SB: no time
	5 0 M	1 0 0 M	
PB	00:30.26	01:03.26	
	00:30.26	00:33.00	
			

Coach feedback:

Event number: 30: 50M BUTTERFLY MEN 17+			Heat:5, starttime: 15:18
Heat: 5/6 Lane : 6 Athlete: VAN DE VEIRE WANNES			Q-time: 00:27:87
PB (50m pool): 00:27.87 Antwerpen 27/07/2025			PB (25m pool): 00:28.11 SB: no time
	5 0 M		
PB	00:27.87		
	00:27.87		
			

Coach feedback:

Event number: 31: 100M BREASTSTROKE WOMEN 17+			Heat:2, starttime: 15:22
Heat: 2/2 Lane : 7 Athlete: CIOBANU ANASTASIA			Q-time: 01:19:00
PB (50m pool): 01:24.61 Lago Gent Rozebroeken 05/05/2024			PB (25m pool): 01:19.00 SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:24.61	
	no time		
			

Coach feedback: